# INSULIN INJECTION FOR PETS: Helpful hints for pet owners

#### Use the proper syringe.

In order to give your pet the correct dose of insulin, talk to your vet to make sure you're using the proper syringe for the insulin they've prescribed. U-40 insulin must be injected with a U-40 syringe, and U-100 insulin must be injected with a U-100 syringe. **U-40 and U-100 syringes are not interchangeable.** 

#### Use a new syringe every time.

To give your pet a comfortable and sterile injection, use a new insulin syringe for every injection. **Never reuse syringes.** 

# Sterility is important.

To help ensure the insulin remains sterile, you should wash your hands before handling the vial and always avoid touching the vial's rubber stopper with your fingers.

# Be precise when measuring.

It's important to be precise and fill the syringe with the exact amount of air that matches the dose of insulin prescribed by your vet. If you inject too much air into the vial, pressure will build up and insulin will leak out. If you don't inject enough air into the vial, the insulin will contain air bubbles when drawn into the syringe.

#### Distract your pet.

With some pets, it may help to give the injection while they're eating—this can distract them so that little or no restraint is needed and can make the experience less stressful.

# Be quick and gentle.

UltiCare VetRx syringes are very thin and sharp so they won't hurt your pet—especially if you insert the needle quickly but gently when giving the injection.

## Write it down.

It's a good idea to write down the date and time of each injection. You may also want to make note of the injection site to help ensure you're not using the same location each time.

## Share the responsibility.

More than one member of your household should be familiar with the correct procedure for giving your pet an insulin injection. Make sure they also know the current dose prescribed by your vet and which injection sites to use.

# For an insulin injection step-by-step guide for pet owners, visit our website at www.ulticare.com

Veterinarians can request more of these teaching aids by emailing us at reorder@ulticare.com. Please be sure to include your contact name, delivery address, and telephone number.

This information has been reviewed by Dr. Jane Armstrong, DVM, MS, MBA, Diplomate of the American College of Veterinary Internal Medicine. It is provided for educational purposes only and is not intended to be a substitute for professional and/or medical advice. For specific guidance on how to give an injection to your pet, talk to your veterinarian.



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